

*The World's  
Largest  
Group for the  
Transgendered*

# Introducing TransLiving International

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*What is  
TransLiving  
International?*

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*What are its aims?*

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*What can it do for me?*

•  
*How do I join?*

We hope this leaflet answers many of your questions.  
When you decide to join, you will be made most welcome.

However, if you have any further questions  
please get in touch with us either via the  
Helpline or by writing to the address below:-

Stacy Novak

PO Box 3, Basildon, Essex SS13 3WA

Phone/Fax Tel. 01268 583761

E-mail:- Stacy@transliving.co.uk

web:- transliving.co.uk

forum:- transliving.org.uk





Stacy Novak

# Hello & Welcome

If we need to write to you, we always use plain envelopes with no indication of contents, or of TransLiving as the sender.

Members' name and address details are stored on the TransLiving database which is reserved strictly for TransLiving use and cannot be accessed by any other organisation or individual.

## HOW DO WE WORK?

TransLiving is a non-profit company limited by guarantee which is run by volunteers. Funded by membership subscriptions, magazine sales and donations.

We understand your issues and concerns and are here to provide help and support where required. We aim to befriend Transvestites (TVs) and Transsexuals (TSSs) whether heterosexual, bisexual or gay and provide help and advice to them and their families.

## HELPLINE

We have a confidential Telephone HelpLine for anyone wishing to seek our support. The HelpLine hours are 9am to 7pm Mon-Fri. The phone line is manned by myself and other volunteers. If we are unable to answer your call please feel free to use the emergency number on the answerphone.

**The HelpLine number is: 01268 583761**

## HELP FOR WIVES, PARTNERS, FRIENDS & RELATIVES

We often get calls from distressed wives, partners, friends and relatives. Gay partners too are often deeply affected when their loved one admits to cross-dressing or transsexualism:- Our aim is to assist all.

## SOCIAL CONTACT

We host the premiere TG club night in Essex. (*full details clubalternative.org.uk*). It is a well-attended evening. This gives you the chance to make friends and meet like-minded people. The venue is discreet and safe, offering freedom from fear of harassment or prejudice. No questions are asked at our events other than a femme or first-name by which you like to be called.

## ABOUT US

Thank you for contacting us.

First let me introduce myself. My name is Stacy. I am the managing director and Co-ordinator of TransLiving International which is a non-profit making company, established in 1980. We are a well-established group within the Transgender community with members all over Great Britain and other parts of the world.

We aim to provide the friendship, support and advice that can sometimes be so hard to find.

Let me assure you from the outset that you are not alone. There are many cross-dressers and transsexuals who are not aware of Support Groups and as a result they feel isolated, confused, lonely and perhaps even ashamed of their transvestism, transgender feelings and or their sexuality.

However, cross-dressing can be a harmless pursuit – one that is shared by many thousands of others all over the world, not least in Britain.

We also offer help and support to transsexuals and their partners and families.

(Incidentally, I am neither TV nor TS – I was born female and happily remain so.)

## SECURITY

*All who visit or contact TransLiving are assured of:-*

## ABSOLUTE CONFIDENTIALITY

No personal details are ever passed on to any other organisation or person without your express permission.

### WHAT ARE THE MEMBERS LIKE?

They span the complete adult age spectrum, come from all walks of life and have a broad diversity of interests. Come and meet them – you're sure to make many new friends.

Don't be afraid of bumping into someone you know — after all, they are there for the same reason as yourself and most are eager to keep their identities secret from the outside world. This is the whole point of having a safe place to meet with like-minded people.

### OTHER SERVICES

In addition to our club nights we can also provide details of shops and other services sympathetic to TVs and TSs. In fact, we have all sorts of information to help the community.

We publish a range of information leaflets for transgendered people and those they impact upon. The list is published on page 7.

We have also published a book called Insights, which talks about the medical, legal and general issues surrounding Transgendered people. This is the complete version of our informal guides literature. (Available from our websight or via post).

We are in contact with relevant organisations (Relate, Samaritans and the police etc.) to keep them informed about the support and help available to the TG community via TransLiving.

### TRANSLIVING INTERNATIONAL

As a member you will receive priority mailing of TransLiving International, the world's largest 84 page, full colour Transgender lifestyle magazine (printed or ebook formats available).

### TRANSLIVING ON THE INTERNET

Website:- [www.Transliving.co.uk](http://www.Transliving.co.uk) (online shopping available)

E-mail:- [stacy@transliving.co.uk](mailto:stacy@transliving.co.uk)

Forum:- [www.transliving.org.uk](http://www.transliving.org.uk)

### CLUB NIGHTS

Website:- [www.clubalternative.org.uk](http://www.clubalternative.org.uk)

### ADDITIONAL MEMBERSHIP BENEFITS & CONTACTS

- 3 issues of TransLiving magazine per year (plus one Free back issue when joining)

- Joint membership to partners (should they wish to be included)

- Free personal ads in TransLiving and on the website.

- Reduced entry to TransLiving club nights

- Money-off selected products and members' discount scheme

- Participation in a friendly network with shared interests

- Accommodation addresses available

### WHAT NEXT?

I hope this introduction has given you some insight into TransLiving.

We are here to befriend you and to help when needed. Nobody needs to be alone, come and join us. We would like to meet you and I am sure that you will find us to be understanding new friends.

Looking forward to hearing from you.

With best wishes.

**Stacy Novak**  
**(Co-ordinator)**

### What is TransLiving ?

- It is quite simply the UK's leading self-help group for TVs, TSs and others who identify themselves as transgendered.
- It provides monthly social contact at Britain's biggest regular TV/TS group meet, as well as *TransLiving International*, our excellent magazine.
- It offers help and support at the practical levels of beauty advice, skin care, electrolysis etc., as well as family problems and difficulties at work.
- The group seeks to keep members informed of medical and legal issues affecting TVs and TSs; to help them understand the treatment options open to them and to assert their rights.
- It researches relevant issues and provides an ever growing range of informative and helpful publications that foster a greater understanding of transvestism and transsexuality.

# Counselling

Stacy and a member of the team both offer Counselling skills. We also have a team of people with many years of specialised experience in gender issues who will listen, help and advise with matters of Transvestism and Transsexuality.

We can help ease the burden of problems that may arise with your cross-dressing or Transsexuality. From quite simple things like where to go to buy a pair of shoes (yes, we do understand that the prospect can be a daunting one), to more difficult things such as how to reassure and comfort your partner once they have found out. We can't advise however on how, or whether, to tell your partner as it takes a personal relationship and a sound knowledge of a person's thoughts and personality to do this.

Everyone is different and some TVs/TSs spend a lifetime without telling their partner in order to avoid a break-up of a relationship. For the TS, once the partner has been told, a break-up is inevitable in some cases, but the possibility of remaining friends does occur.

We encourage TSs to be 100% certain that what they are doing is correct, not just for their own sake but for that of their partners and loved ones. I firmly believe it is far easier to accept losing their partner to somebody else than to know they want to become the opposite sex.

We will always be truthful about the personal, social and financial issues that will confront TS people:- after all, their decision to pursue gender reassignment will affect many other lives and gets to a point where it becomes irreversible. A wrong decision may well cause a complete mental breakdown.

Transvestism can be controlled fun:- transsexuality is a different matter, not simply an advanced form of transvestism.

We are always willing to talk to, and hopefully help, the partners of both TVs and TSs. They too need as much help and understanding as you, if not more. They need a shoulder to cry on and then a mega-dose of love and affection from their partner — **YOU**.

So if you and your partner really need to talk to

someone, pick up the phone — we are here to listen, help and advise wherever we can.

Some need help about going to meetings. Whilst there is really no need to worry as we are very friendly and obviously like-minded, we do realise we can't convince everyone like us that they are merely one of thousands and not a 'one-off oddball'.

The question is usually "can I meet someone first?" Well, we have a very secure and discreet policy within our group; we **never ever** pass on personal information, i.e. addresses, phone numbers, etc.

*The Group is a self-help organisation and not a commercial undertaking. However some of the professional services need to be paid for.*

These support services include maintaining extensive medical and legal information, offering help to prepare them for the practical realities of the 'real life test' including the common pitfalls and difficulties they are liable to encounter.

Confidentiality in TransLiving is paramount but must work both ways.

There are many people who have my personal phone number or address, given on the understanding the information is strictly for their own use and is not to be passed on – but I get calls from all sorts of people on my private line, claiming to have been given it from a person in a bar, etc.

The HelpLine number is a public number for all TransLiving and TransCare matters: Please use it rather than my personal line.

Thank you,

*Stacy*

# Volunteers Needed

We are always looking for folk who can take in mail for those who are unable to receive our literature and magazines at their own address.

Our group needs some more people, who are in the Basildon or surrounding area and can spend some time at the office in order to help with the various jobs that come up from time to time. For further details please contact us.

We need people to keep a check on internet features that mention **Transliving** and correct them if necessary, using your own computer.

## Hate crime.

Should you experience bullying from the general public, we are here to help:

- To take any information and help you report it to your police station.
- You may report it as a statistic anonymously.
- Ask the police to take up your case.

We work alongside the police to help develop their transgender policies.

There is now a large hate crime network throughout the country and we are gradually working to keep the authorities informed on these matters. We are always looking at ways of improving our services, assisting others and welcome comments, ideas and suggestions.

## Please Donate

### To Enable Us To Continue To Work For The Community

I enclose a support donation of £

Please pay by credit card below or BY PHONE. Cheque drawn on a British bank made payable to Transliving or TLI, British postal order or girocheque. For payment by bankers draft, please e-mail, fax or phone for instructions

PLEASE CHARGE MY CREDIT CARD IN THE SUM OF £  AS A DONATION

Please charge my  Visa  Access/Mastercard  Issue No.

Card Number

Security Code - [ Last 3 numbers on the back of the card

Expiry date \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_



or do it by phone, ring 01268 583761 now

# INSIGHTS from TransLiving

## INSIGHTS

into transvestism, transsexualism and other gender presentations contributed by Dr. Russell Reid, Melanie McMullen, Stacy Novak, Ashley Carrington et al.

### To order by Post:-

Make cheques or postal orders payable To:- Transliving International or T.L.I P.O. Box 3 Basildon Essex SS13 3WA

Buy it now at [www.transliving.co.uk](http://www.transliving.co.uk)



## INSIGHTS

Despite regularly being featured on chat shows, the transgendered are among the most misunderstood people in our community.

This collection of writings gives an insight into the discrete world of transvestites and transsexuals. It reveals their fears, guilt and compulsions, whilst also considering the impact they have on others – families, friends, colleagues, employers and those in authority.

An essential guide for anyone considering setting out on the transsexual road, it describes the inevitable problems you will encounter based on a combination of direct experience and careful observation. It looks at aspects of gender, reveals the little-known facts about the intersexed, considers the action of hormones and the dangers of their abuse.

## CONTENTS

AN OVERVIEW OF TRANSVESTISM, TRANSSEXUALISM, VARIOUS TYPES OF CROSSDRESSING AND ANOMALOUS GENDER BEHAVIOURS

DISCRIMINATION ON THE GROUNDS OF GENDER DIFFERENCE

UNDERSTANDING INTERSEX STATES

COMING TO TERMS WITH YOURSELF

FITTING ROOM PROTOCOL

THE FEMALE VOICE

PRESENTING YOURSELF

HIDING THAT BOTHERSOME BEARD

STACY'S RECOMMENDED SELECTION OF BASIC BEAUTY PRODUCTS

A TRANSEXUAL SON: AN INFORMAL GUIDE FOR PARENTS

A TRANSEXUAL PARENT

AN INFORMAL GUIDE TO THE OP.

I THINK I AM A TS – BUT HOW DO I KNOW?

GOING DOWN THE TS ROAD – WHY IT'S OFTEN AN ALLURING PATH TO DISASTER

AN INFORMAL GUIDE TO TRANSSEXUALISM FOR EMPLOYERS

WHAT ARE HORMONES?

EFFECTS OF HORMONE TREATMENT

Also available in e-Book format from [www.transliving.co.uk](http://www.transliving.co.uk)

Members: £11.45 Inc

Non-members: £14.45 Inc

## VISIT OUR TG STORE

[www.transliving.co.uk/tc-online](http://www.transliving.co.uk/tc-online)

For all your TG products.  
A wide range of wigs, wig care products, breastforms, shapewear, beard cover and cosmetics.

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## TG COMMUNITY FORUM

[www.transliving.org.uk](http://www.transliving.org.uk)

Help, support, information  
and friendship.

Private board for partners and parents.



*Miss Transliving*  
**INTERNATIONAL**

The TG beauty pageant held every  
November at TransLiving.

Winner receives a tiara, sash, champagne,  
free subscription to TransLiving and a host  
of prizes generously donated by our  
sponsors in the TG world.

Please visit:  
[www.transliving.co.uk/miss\\_transliving.html](http://www.transliving.co.uk/miss_transliving.html)  
for details of this year's fantastic prizes and  
entry form.

## **TransLiving Publication List of Informal Guides:**

The group publishes a series of advisories and 'Informal Guides to ---'.  
Each one is a chapter of the Insights book and is available at the nominal price shown.

|  |    |
|--|----|
| Guide to cross-dressing for wives and partners .....                       | £2 |
| Guide to cross-dressing .....  | £2 |
| Guide to the op .....  | £1 |
| Transsexual son - an informal guide for parents .....                      | £2 |
| Guide to Transsexualism .....  | £2 |
| Guide to Transsexualism for the caring professional .....                  | £2 |
| Guide to cross-dressing for the caring professional .....                  | £2 |
| A son who cross-dresses. An informal guide for parents .....               | £2 |
| Guide to Transvestism, Transsexualism and other gender presentations ..... | £2 |
| Guidelines for officers dealing with the Transgendered .....               | £1 |
| Coping with a TV/TS partner .....  | £1 |
| Going down the TS road - why it's often a path to disaster .....           | £1 |
| Frequently asked questions & answers with Dr Russel Reid .....             | £1 |
| Wives who find out .....   | £1 |
| Guide to fitting room protocol .....                                       | £1 |
| Guide to gender dysphoria .....  | £2 |
| Guide to Transsexualism for employers .....                                | £2 |
| Coming to terms with yourself .....  | £1 |
| The dangers of hormones .....  | £1 |
| Presenting yourself - a 12 page A5 booklet .....                           | £3 |
| Guide to police authorities faced with a cross-dresser .....               | £3 |
| What are hormones .....  | £2 |
| Guide to the female voice .....  | £1 |
| Guide to Female - Male Transsexuality .....                                | £3 |

TransLiving International, P.O. Box 3, Basildon, Essex SS13 3WA • Tel 01268 583761

**Members and Non-Members**  
**You want to make contacts, buy or sell ?--- so take an ad!**

**SMALL AD ORDER FORM**

*(please select category required)*

Sits Vac                       For Sale/Wanted                       Contacts  
 Accommodation

Advert details (block capitals please add extra sheet if necessary)

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Number of Words:                       Amount Paid: £  .  p

Membership number:                       Photo Enclosed:  Y / N

Advertisement to appear in TransLiving  Y / N and/or on our Web Site:  Y / N

Please charge my Visa     Access/Mastercard     Connect  
Maestro

Debit                       Debit issue No                       Debit start date

Security Code - [ Last 3 numbers on the  
back of the card

Card number:

Expiry date: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name:

Address:

Post Code:

Please make all cheques payable to 'TLI' or 'TransLiving'  
Send the completed form to:TransLiving  
P.O. Box 3, Basildon, Essex SS13 3WA

All who visit or contact TransLiving are assured of:-

**ABSOLUTE CONFIDENTIALITY**

*No personal details are ever passed on to any other organisation or person without your express permission.*

*We always use plain packaging for everything with no indication of contents, nor of TransLiving as the sender.*

*Current members' details are stored on the TransLiving password-protected database which is reserved strictly for TransLiving use and cannot be accessed by any other organisation or individual*

**Private Counselling**

Over the last 20 years we have gathered much information and case studies, to add to our counselling skills, and have been in constant touch with many medical and counselling organisations.

We offer in depth sessions in order to go through thoughts, feelings and concerns on matters of gender. We have assisted both TVs/ TSS, families, partners and friends. People have been able to come to terms with changes in their lives by having a private session.

We also have a member of the team who has specialised in the study of F2M transsexuals.

Your private session would include literature, and time to address your personal concerns. Please note that a nominal fee applies.

Please Tel:- 01268 583761 for more details

**Sits. Vac., For Sale/Wanted and Adverts:**

Please ensure your advert carries your address and/or phone number. The Members' price is £2 for up to 20 words and 10p per word thereafter. Non-members price is £2.50 up to 20 words and 10p per word thereafter. These ads are booked per issue.

**Small Business Adverts:**

To place a small business advert please telephone 01268 583761 where our Advertising Dept will be pleased to assist you.

**Contact Ads:**

Members are entitled to free contact ads including a photo if required, but must be renewed every two issues.

Non-members price is £2 for up to 20 words and 10p per word thereafter. (please select category required)

Advert details (block capitals please; add extra sheet if necessary)

Please make all cheques payable to 'TLI' or 'TransLiving'

Send the completed form to: P.O. Box 3, Basildon, Essex SS13 3WA

# At a Glance

Full Membership of TransLiving International brings you:-

- Priority mailing of TransLiving International as soon as published
- An extra **FREE** copy on joining.
- **FREE** personal adverts in TransLiving International.
- Reduced entry fees to TransLiving club nights.
- **Joint** membership for partners.
- Participation in a friendly network with shared interests.
- Accommodation addresses available.

In addition to all these, we can offer private dressing facilities – bring your own clothes and change on arrival. Of course, a fee is charged for this service, but you can be professionally made-up and relax for a chat over a cup of tea or coffee. Naturally, this service is by appointment – call Stacy for info.

Not happy with your wardrobe? Simply ask to browse through Stacy's collection of home shopping catalogues at her home and don't be hesitant about asking for her advice on the colours and styles that will best suit you. You can order what you want, and try it on – but cash must be paid for all items accepted.

She is a qualified hairdresser and having carefully surveyed the market, has selected ranges of wigs that she can recommend. She can advise you on suitable styles, or can supply the set of catalogues by post (£6.50 inc. p&p) and will supply the wigs of your choice at far less cost than you would pay elsewhere. She will teach you about wig care, will look after yours if required and will gladly bring any sorry looking specimens back to as near their best as possible.

If you don't need a wig, but need some helpful advice on styling your own hair, then Stacy is just the person to help you – why not book a hairdo and how about a make-up lesson while you are about it?

And if you need a little more shape on top, then ask to see our Super Soft line Breast Forms from £125 or our **luxury Breast Forms** range, from £225 for a wonderfully natural look and feel, We also have a selection of smaller Breast Forms available from £22.50

## HELPLINE FOR INFORMATION & SUPPORT ON:

01268 583761

9.00 am until 8.00 pm (Monday-Friday)

[www.transliving.co.uk](http://www.transliving.co.uk)

# Want to be part of Transliving ?



## For your full membership you receive

- A years FREE Subscription to Transliving Magazine
- Money Off events and products
- Access to our Free Helpline Service
- A Free Introductory Pack which includes an extra back issue of the magazine

A Hardcopy or eBook (electronic pdf file) is available for Transliving magazine. An email address is required for the eBook version. Please select which you would prefer.

- Hardcopy  
 eBook

## Membership Application

Please accept my first years subscription as

- Full Member (UK) £33.00  
 Magazine Subscription Only (UK) £24.00\*  
 Overseas Member £35.00

Please pay by credit card, cheque drawn on a British bank or British postal order.

Please also send 4 first class stamps to assist with postage of your introductory pack.

I enclose my payment for membership/ subscription of £

I enclose a support donation of £

\*'Magazine subscription only' is for 3 magazines per year; however this forfeits any full membership privileges.

Total payable £

Please charge my  Visa  Access/Mastercard  Connect  Debit

Issue No  Start date  Expiry Date

Card No  Security No   
 (Last 3 No's on back of Card)

Signature..... Date.....

Name ..... Femme Name .....

Address .....

Tel ..... email address .....

Wife/Partner's name (if to be included on M/S Card) .....

**NB - the above should show how you wish to have items addressed to you.**

Why not join the easy way, call today & use your credit card Tel - 01268 583761

# TRANSLIVING MAGAZINE

- A4 format
- Full colour
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- Readers' letters
- Contact ads
- Venue reports
- Partners' column
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- Help, support, information and friendship



Sample pages from  
TransLiving Magazine

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ORDER VIA:  
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OR PHONE US:  
01268 583761

ONLINE VERSION  
ALSO AVAILABLE